





Cauliflower Steaks with Red Zhug Sauce



Prep: 20 minutes / Cook: 25 minutes



Serves: 4

1 medium head cauliflower (about 800g) 2 tbsp olive oil

Sea salt and freshly ground black pepper, to season.



the Combi Wave™3 in.

Red Zhug Sauce

4 long red chillies, coarsely chopped 15g coriander leaves

1 clove garlic, crushed

½ tsp ground coriander

½ tsp ground cumin

1½ tsp sea salt

2 tbsp olive oil

1 tbsp lemon juice

Method

- 1. Make the Red Zhug Sauce. Place all the ingredients in a small food processor bowl and process until combined. Transfer to a small bowl, cover and reserve.
- 2. Remove the leaves and trim the stem from the cauliflower, leaving the core intact. Cut the cauliflower from top to base into 2 x 4cm-thick steaks. Brush both sides of the cauliflower with the oil. Season with salt and pepper.
- 3. Press AIRFRY and set 230°C for 25 minutes. Place the Combi Crisp pan on the turntable in high position and press START to preheat the pan. Place the cauliflower in the preheated pan and press START to begin cooking. Turn the cauliflower over when prompted halfway through cooking.
- 4. Serve cauliflower with the Red Zhug Sauce.

TIP - If you have any offcut pieces of cauliflower, toss them in olive oil and place in the preheated Combi Crisp pan and cook on AIRFRY for 15 minutes or until golden.