



*Orange You Happy*

**Sage**

# Orange You Happy



Makes 2 cups (500ml)

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2 Orange carrots  
2 Yellow or orange bell peppers,  
stem and seeds removed  
1 Stalk celery, leaves trimmed  
½ Orange, peeled  
2.5cm piece ginger



Makes 1 jug (2 Litres)

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8 Orange carrots  
8 Yellow or orange bell peppers,  
stem and seeds removed  
4 Stalks celery, leaves trimmed  
2 Oranges, peeled  
10cm piece ginger