



*Blues Beets*

**Sage**

# *Blues Beets*


 Makes 2 cups (500ml)

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$\frac{3}{4}$  Cup blueberries

2 Beets

3 Courgettes

 Makes 1 jug (2 Litres)

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2  $\frac{3}{4}$  Cups blueberries

8 Beets

12 Courgettes