



Berry Mint Smoothie

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Prep 10 minutes



Makes 1.5L / Serves 4

400g frozen mixed berries

800ml almond milk

200g natural yoghurt

2 tablespoons agave syrup

16 mint leaves

Method

1. Place ingredients into blender jug and secure lid.

 **SMOOTHIE** until program finishes.



Prep 10 minutes



Serves 1

200g frozen mixed berries

300ml almond milk

100g natural yoghurt

2 teaspoons agave syrup

8 mint leaves

Method

1. Place ingredients into personal blender cup and secure blade assembly.

 **SMOOTHIE** until program finishes.